



St Michael's Church School

Constantine Drive
Stanground South, Peterborough, PE2 8SZ
T: 01733 306778
Email: Office@stm.act-academytrust.org

Monday 28th September 2026

Dear Parents and Carers,

YoungMinds Hello Yellow - Friday 9th October

On Friday 9th October, we will be taking part in YoungMinds' Hello Yellow to raise awareness of, and funds for, young people's mental health.

We invite all children to come to school wearing something yellow to help us say Hello Yellow! This year, YoungMinds is celebrating 10 years of standing out, starting conversations and raising funds so that no young person feels alone with their mental health.

Throughout the day, children will take part in a range of age-appropriate activities linked to our wellbeing curriculum and school values. These activities will help to shine a light on the importance of looking after our mental health and remind children that it is always okay to talk about how they are feeling.

We all have days when we struggle with our feelings. Sometimes things can feel difficult, and it can be hard to know how to cope or who to talk to. By taking part in Hello Yellow, we want to encourage open and positive conversations about mental health and help our children understand the importance of reaching out for support when they need it.

If you are able to, we would be very grateful for a donation to support the work of YoungMinds. There is no set donation amount, so please simply give what you can. Donations can be made using the following link:
<https://fundraise.youngminds.org.uk/s/11110/12203>

Together, we can help support young people's mental health and show our children that they never have to face difficult feelings alone.

Thank you, as always, for your continued support.

Miss A Rawding
Deputy Headteacher

Friendship

Learning

Action

Manners

Excellence

