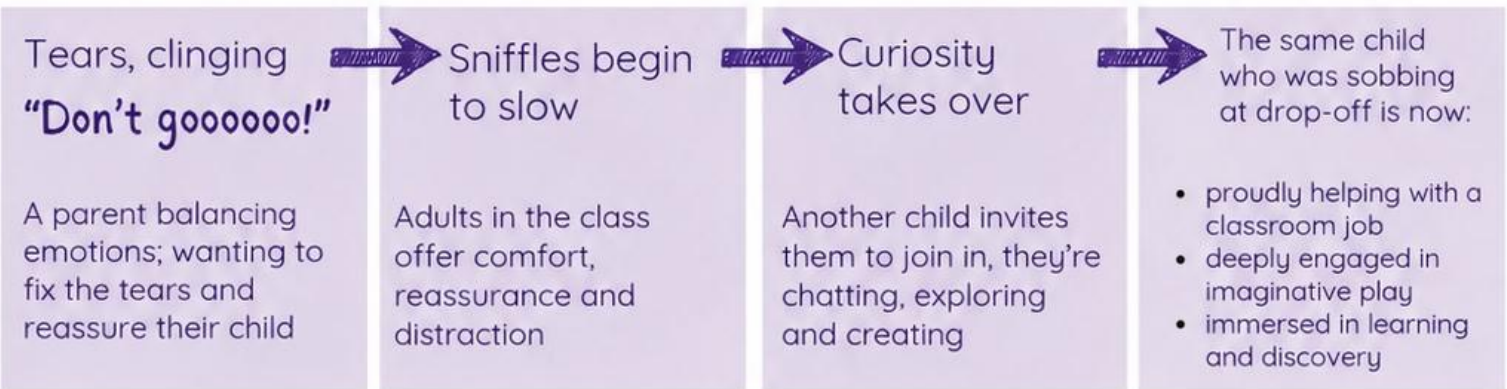
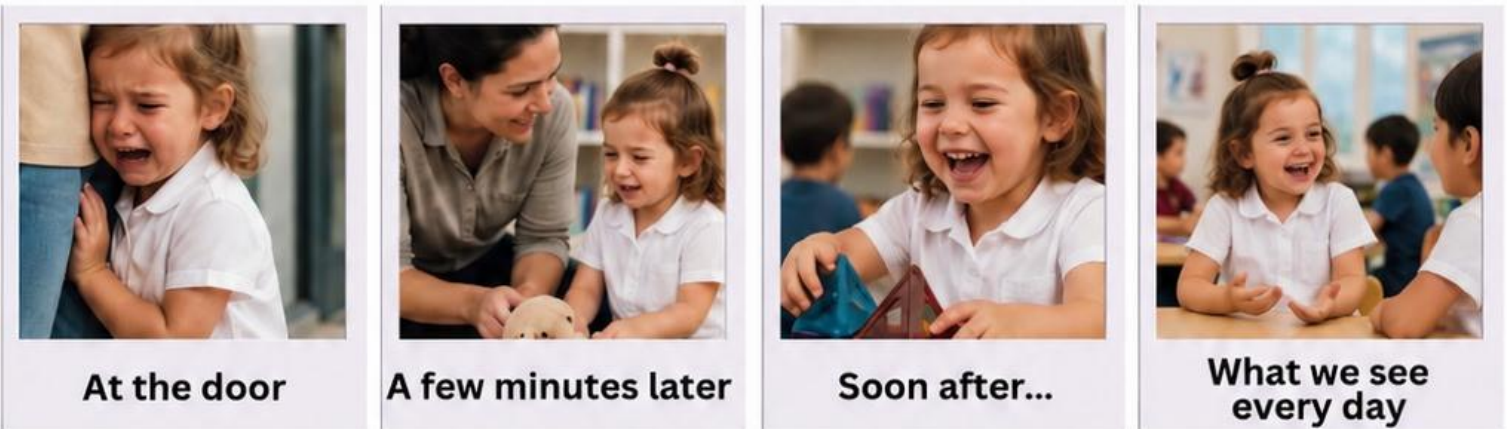




What happens after you say goodbye

Starting school is a big milestone — for children **and** for parents. We understand that emotional goodbyes are a normal part of the transition into the Reception classroom. We work hard to build nurturing relationships with familiar routines so that children can settle much more quickly than you imagine.



What's actually happening:

Children often cry at separation because transitions feel big and emotions feel strong — not because school is unsafe.

It's a sign of a healthy attachment; it is their way of saying you are their primary source of safety. Once they feel secure, connected, and supported by the adults in the classroom, their nervous system settles, they feel safe again, and they're ready to play, learn, and explore.

The honest truth:

The longer the goodbye, the harder it is.

A calm, confident goodbye is often the kindest thing you can do. When routines are clear and consistent, children tend to regulate and settle more quickly.

One small step at time