

CHANGING ME

Jigsaw Jino's Journey

How can I cope positively with change?



birth
babies
mother
womb
nutrients

puberty
change
personal hygiene

love
affection
care
family
stereotypes
roles

I will explore...

- how I feel about babies and young animals
- how I might feel about changes to my body and ways to cope with these feelings
- how I feel about keeping my body clean as I grow up
- how I feel when my ideas are challenged

I will learn about...

- how humans and animals grow and change from birth to adulthood
- why bodies change as we grow up
- how boys' and girls' bodies change on the inside and outside and why these changes matter
- why keeping clean becomes more important at puberty
- simple ways to keep clean and healthy
- stereotypes about parenting and family roles
- what I am looking forward to in my next class
- changes I might make next year

breasts
penis
testicles
scrotum
genitals
pubic hair